Pro Advantage Training, Inc. 2730 S. Val Vista Dr. Gilbert, AZ 85295 • 480.802.0482 • info@proadvantagetraining.com www.proadvantagetraining.com

To Whom It May Concern:

My name is Keith Wilson and I am writing this letter regarding Ryan Schiefer's work ethic and character. He has been participating in our student athlete training program for the past year. My experience with Ryan has been very positive. He has been a consistent, hard worker the entire time he has been training with us. Ryan has never needed external motivation to get him to work hard...he has always gone through the most difficult of work without complaint. Ryan understands that a high level of dedication and consistent hard work are required to be a successful athlete. Furthermore, he is a respectful and good-natured person that I have no hesitation vouching for his character.

I feel it's necessary to give a brief background about myself and my company to bring perspective to the amount of self-discipline and dedication it takes to participate in a high-level training regimen such as Ryan's. I have an extensive background in professional sports. I am a former Strength and Conditioning Coordinator with both the Arizona Diamondbacks and the Milwaukee Brewers. I have also held the position of Head Strength Coach with the Arizona Rattlers, Phoenix Mercury, and the United Basketball Association. My company, Pro Advantage Training, works with athletes ranging from junior high through the apex of professional sports. We maintain an extensive clientele of athletes from the MLB, NFL, NBA, PGA, as well as other professional leagues.

If there are any further questions regarding Ryan Schiefer, please don't hesitate to contact me.

Sincerely,

Keith T. Wilson, CSCS Pro Advantage Training, Inc.